

Uitslag clubkampioenschap SAV op 3 oktober 2010 te Grootebroek

| Meisjes pupillen-C | 40m | ver | bal | 600m | totaal |
|------------------------------|------------|------------|------------|-------------|---------------|
| 1 Nikki Laansma | 7.4 | 2.99 | 16.06 | 2.17.7 | 1351 |
| 2 Joelle Wagemaker | 7.7 | 2.79 | 11.56 | 2.26.0 | 1113 |
| 3 Zoe Pennekamp | 7.9 | 2.73 | 12.81 | 2.42.1 | 981 |
| 4 Kara Zwagemaker | 8.4 | 2.60 | 10.58 | 2.32.3 | 901 |
| 5 Demi Kunne | 8.1 | 2.59 | 12.65 | 2.51.3 | 866 |
| 6 Ella Mosselman (mini) | 8.7 | 2.71 | 10.66 | 2.35.9 | 857 |
| 7 Anna Manz | 8.3 | 2.31 | 18.12 | 2.56.6 | 839 |
| 8 Annika Boogaard | 8.1 | 2.47 | 10.36 | 2.45.9 | 830 |
| 9 Luna de Nie | 8.0 | 2.57 | 9.33 | 2.57.6 | 781 |
| 10 Fee Mok (mini) | 8.9 | 2.10 | 8.65 | 2.35.7 | 671 |
| 11 Donna Bakker (mini) | 8.5 | 2.28 | 6.80 | 2.55.7 | 601 |
| 12 Suzanne Wajer (mini) | 8.6 | 2.48 | 4.99 | 2.52.6 | 596 |
| 13 Jolyn van het Hoff (mini) | 9.0 | 2.32 | 3.91 | 2.50.4 | 491 |

| Jongens pupillen-C | 40m | ver | bal | 600m | totaal |
|---------------------------|------------|------------|------------|-------------|---------------|
| 1 Kevin Edelenbosch | 7.0 | 2.91 | 16.10 | 2.17.3 | 1417 |
| 2 Dylan Boot | 8.3 | 2.60 | 13.69 | 2.32.4 | 971 |
| 3 Jeremy Laan | 8.4 | 2.80 | 9.17 | 2.25.3 | 964 |
| 4 Stan Tool (mini) | 8.4 | 2.56 | 17.90 | 2.58.6 | 861 |
| 5 Dennis Ravenstein | 8.2 | 1.96 | 10.16 | 2.28.9 | 819 |
| 6 Lars de Haan | 8.9 | 2.46 | 13.37 | 2.48.8 | 753 |
| 7 Yoeri Dekker | 8.3 | 2.24 | 8.51 | 3.27.3 | 561 |
| 8 Jordi Jansen (mini) | 8.9 | 1.75 | 8.08 | 2.53.5 | 482 |

| Meisjes pupillen-B | 40m | ver | bal | 1000m | totaal |
|---------------------------|------------|------------|------------|--------------|---------------|
| 1 Babs Braakman | 6.9 | 3.22 | 12.07 | 4.04.5 | 1469 |
| 2 Madelon van het Hoff | 7.3 | 3.29 | 12.89 | 3.55.3 | 1460 |
| 3 Amy Bakker | 7.0 | 3.29 | 16.43 | 4.53.8 | 1345 |
| 4 Wiesje Groot | 7.9 | 2.81 | 10.93 | 4.14.6 | 1134 |
| 5 Luna Braas | 7.6 | 3.03 | 9.12 | 4.40.6 | 1092 |
| 6 Ilse Bleeker | 7.6 | 2.55 | 13.00 | 4.43.9 | 1057 |
| 7 Bente Heilig | 7.6 | 3.20 | 14.41 | | 975 |
| 8 Lotte Buijsman | 8.3 | 2.40 | 12.29 | 5.09.6 | 821 |
| 9 India Ligthart | 8.3 | 2.46 | 6.55 | 5.19.9 | 685 |

| Jongens pupillen-B | 40m | ver | bal | 1000m | totaal |
|---------------------------|------------|------------|------------|--------------|---------------|
| 1 Erwin Sijm | 7.4 | 2.86 | 16.48 | 4.35.0 | 1246 |
| 2 Tim de Haan | 8.0 | 2.18 | 22.66 | 4.28.4 | 1119 |
| 3 Teun Swagerman | 8.4 | 2.56 | 17.06 | 4.57.6 | 952 |
| 4 Wil Mok | 8.4 | 2.40 | 9.33 | 4.29.8 | 881 |

| Meisjes pupillen-A | 60m | ver | kogel | 1000m | totaal |
|---------------------------|------------|------------|--------------|--------------|---------------|
| 1 Elise Schneider | 9.6 | 3.84 | 8.45 | 3.39.6 | 2056 |
| 2 Merel Sinnige | 9.1 | 4.40 | 7.97 | 4.14.4 | 2053 |
| 3 Nienke Tool | 9.5 | 3.89 | 8.22 | 4.07.9 | 1926 |
| 4 Maartje van der Thiel | 9.7 | 4.07 | 5.06 | 3.41.0 | 1878 |
| 5 Lotte Braakman | 9.9 | 3.60 | 5.89 | 3.48.8 | 1765 |

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|----|------------------|------|------|------|--------|------|
| 6 | Lotte Runia | 9.5 | 3.69 | 6.01 | 4.10.3 | 1749 |
| 7 | Loes Essen | 10.3 | 3.57 | 7.40 | 4.02.6 | 1721 |
| 8 | Bente Reus | 10.1 | 3.75 | 5.11 | 3.50.0 | 1709 |
| 9 | Eriska Sinnige | 10.3 | 3.49 | 5.50 | 3.48.2 | 1663 |
| 10 | Femke Sikkink | 10.3 | 3.52 | 4.58 | 4.19.2 | 1462 |
| 11 | Lotte Van Diepen | 10.4 | 3.33 | 4.44 | 4.24.2 | 1381 |
| 12 | Yanniek Brinkman | 10.5 | 2.91 | 5.61 | 4.36.7 | 1315 |
| 13 | Anouk Koppies | 10.6 | 3.25 | 4.73 | 4.45.1 | 1282 |
| 14 | Leonie Wierenga | 11.2 | 3.00 | 5.20 | 4.29.2 | 1248 |
| 15 | Laura Appelman | 11.1 | 3.01 | 5.08 | 5.09.6 | 1118 |
| 16 | Manouk Boonsma | 11.3 | 2.61 | 3.78 | 4.31.4 | 1047 |
| 17 | Brenda Videler | 11.2 | 2.34 | 3.75 | 4.45.7 | 951 |
| 18 | Amber Kunne | 11.6 | 2.83 | 5.44 | 5.51.2 | 942 |

Jongens pupillen-A

| | 60m | ver | kogel | 1000m | totaal | |
|---|--------------------|------------|--------------|--------------|---------------|------|
| 1 | Bart Kompas | 9.2 | 3.58 | 6.60 | 3.52.4 | 1898 |
| 2 | Noah Jong | 9.7 | 4.07 | 5.01 | 3.56.2 | 1794 |
| 3 | Mike de Wolf | 10.0 | 3.64 | 6.29 | 4.17.7 | 1648 |
| 4 | Joeri van Rijswijk | 10.6 | 3.36 | 5.21 | 4.05.1 | 1495 |
| 5 | Siebe Verheijen | 10.7 | 3.34 | 4.99 | 4.06.7 | 1455 |
| 6 | Kevin Pronk | 11.0 | 3.36 | 4.58 | 4.15.0 | 1357 |
| 7 | Remco Timmerman | 12.7 | 2.52 | 4.01 | 5.00.7 | 803 |

Meisjes junioren-D

| | 60m | ver | kogel | speer | 600m | totaal | |
|----|-------------------|------------|--------------|--------------|-------------|---------------|------|
| 1 | Lieke Klaver | 8.6 | 4.42 | 8.92 | 18.32 | 1.51.3 | 2372 |
| 2 | Anne Homan | 9.3 | 4.24 | 6.54 | 19.59 | 1.59.0 | 2010 |
| 3 | Sarah Laan | 9.4 | 4.19 | 8.13 | 15.39 | 1.58.1 | 1996 |
| 4 | Willemijna Runia | 8.9 | 4.03 | 6.90 | 20.49 | 2.06.9 | 1993 |
| 5 | Iris Waasdorp | 9.3 | 3.92 | 7.42 | 17.63 | 1.56.6 | 1984 |
| 6 | Britt Mosselman | 9.8 | 3.85 | 6.03 | 19.31 | 1.52.8 | 1890 |
| 7 | Sylvia Hoogland | 9.1 | 3.71 | 8.78 | 17.84 | 2.15.8 | 1861 |
| 8 | Caitlin Ketting | 10.0 | 3.39 | 8.84 | 22.20 | 2.07.4 | 1816 |
| 9 | Ilse Bakker | 9.5 | 3.99 | 7.76 | 13.20 | 2.07.8 | 1768 |
| 10 | Rianne Oostendorp | 9.1 | 3.78 | 8.25 | 12.78 | 2.16.6 | 1729 |
| 11 | Dana de Wit | 10.1 | 3.55 | 6.48 | 15.69 | 2.22.8 | 1439 |
| 12 | Demi Wagemaker | 10.4 | 3.16 | 6.60 | 11.52 | 2.21.3 | 1242 |

Jongens junioren-D

| | 80m | ver | kogel | speer | 1000m | totaal | |
|---|-----------------|------------|--------------|--------------|--------------|---------------|------|
| 1 | Edwin Sjerps | 11.7 | 3.85 | 6.19 | 19.26 | 3.08.9 | 2119 |
| 2 | Michiel de Boer | 12.7 | 3.52 | 7.31 | 26.76 | 3.49.8 | 1861 |
| 3 | Jan Jr. Groot | 12.8 | 3.89 | 5.43 | 10.64 | 3.31.9 | 1587 |
| 4 | Sam Volten | 12.9 | 3.59 | 6.38 | 13.60 | 4.08.5 | 1453 |
| 5 | Mathieu Rood | 13.1 | 3.43 | 6.21 | 25.12 | | 1340 |
| 6 | Daan Kalb | 13.5 | 2.96 | 5.67 | 16.15 | 4.11.9 | 1259 |
| 7 | Mats Visser | 13.4 | 3.07 | 5.28 | 10.33 | 4.11.4 | 1132 |
| 8 | Mike Edelschaap | 15.8 | 2.50 | 4.03 | 11.38 | 4.39.9 | 626 |

Meisjes junioren-C

| | 80m | ver | kogel | speer | 600m | totaal | |
|---|--------------------|------------|--------------|--------------|-------------|---------------|------|
| 1 | Anna Sjoukje Runia | 10.1 | 5.12 | 9.14 | 32.47 | 1.39.3 | 3095 |
| 2 | Michelle Oud | 10.8 | 4.55 | 10.57 | 31.65 | 1.41.4 | 2882 |

| | | | | | | | |
|----|--------------------|------|------|------|-------|--------|------|
| 3 | Judith Pambo Nunes | 10.8 | 4.81 | 9.93 | 26.64 | 2.02.0 | 2558 |
| 4 | Judith Kok | 10.8 | 4.67 | 9.12 | 21.54 | 2.01.4 | 2408 |
| 5 | Els Noordeloos | 12.3 | 4.21 | 9.44 | 29.27 | 2.08.3 | 2174 |
| 6 | Jasmijn de Jong | 12.3 | 4.35 | 6.26 | 14.84 | 2.13.5 | 1714 |
| 7 | Thea Noordeloos | 13.2 | 3.29 | 6.01 | 22.44 | 2.06.5 | 1599 |
| 8 | Esmeralda Kager | 11.7 | 3.90 | | 14.67 | 2.01.6 | 1497 |
| 9 | Hannah Beudeker | 12.8 | 3.47 | 5.85 | 18.54 | 2.24.3 | 1440 |
| 10 | Bo Huisman | 12.4 | | 7.65 | 18.38 | 2.14.9 | 1355 |

Jongens junioren-C

| | 100m | ver | kogel | speer | 1000m | totaal | |
|---|---------------|------------|--------------|--------------|--------------|---------------|------|
| 1 | Ties Klaver | 13.4 | 4.59 | 8.94 | 28.71 | 3.23.4 | 2584 |
| 2 | Matthijs Jong | 14.0 | 4.45 | 9.57 | 35.41 | 3.52.8 | 2440 |
| 3 | Roy Ruiten | 14.7 | 4.17 | 6.56 | 25.46 | 3.40.3 | 2056 |
| 4 | Dennis Sjerps | 14.9 | 3.95 | 7.00 | 15.49 | 3.38.2 | 1839 |

Meisjes junioren-B

| | 100m | ver | kogel | speer | 800m | totaal | |
|---|-------------------|------------|--------------|--------------|-------------|---------------|------|
| 1 | Chrissie Broersen | 13.6 | 4.65 | 10.21 | 28.93 | 2.52.1 | 2767 |
| 2 | Kim Essen | 14.3 | 4.53 | 7.83 | 21.38 | 2.46.9 | 2355 |
| 3 | Nicole Bakker | 14.4 | 4.37 | 8.15 | 18.78 | 2.42.7 | 2305 |
| 4 | Leny Ligthart | 14.7 | 4.26 | 8.34 | 19.58 | 2.43.9 | 2257 |
| 5 | Anja Dudink | 14.8 | 4.40 | 7.07 | 23.78 | 2.49.4 | 2220 |

Jongens junioren-A

| | 100m | ver | kogel | speer | 1000m | totaal | |
|---|--------------|------------|--------------|--------------|--------------|---------------|------|
| 1 | Martijn Blom | 12.7 | 4.87 | 11.89 | 37.93 | 3.11.7 | 2164 |
| 2 | Addis Riet | 11.6 | 5.10 | 8.83 | 16.39 | 2.46.8 | 2058 |

Dames

| | 100m | ver | kogel | speer | 800m | totaal | |
|---|-----------------|------------|--------------|--------------|-------------|---------------|------|
| 1 | Marieke Kok | 13.3 | 4.64 | 7.72 | 22.29 | 2.45.3 | 2564 |
| 2 | Lillian Hauwert | 14.5 | 4.31 | 7.87 | 22.09 | 2.40.0 | 2353 |

Heren

| | 100m | ver | kogel | speer | 1000m | totaal | |
|---|---------------|------------|--------------|--------------|--------------|---------------|------|
| 1 | Willem Dudink | 12.0 | 5.09 | 8.02 | 28.18 | 2.33.0 | 2320 |

Dames werpen

| | kogel | discus | speer | totaal | |
|---|------------------|---------------|--------------|---------------|------|
| 1 | Vivian Brandhoff | 11.57 | 40.11 | 23.79 | 1909 |
| 2 | Carla Beertsen | 8.78 | 27.34 | 25.90 | 1514 |
| 3 | Marion Dekker | 8.20 | 24.42 | 28.27 | 1452 |

Heren werpen

| | kogel | discus | speer | totaal | |
|---|--------------------|---------------|--------------|---------------|------|
| 1 | Kay Olofsen (JA) | 14.31 | 37.63 | 54.38 | 2076 |
| 2 | Kjell Heinsius | 12.28 | 41.94 | 49.55 | 1969 |
| 3 | Ger Heinsius (M60) | 8.53 | 27.23 | 25.15 | 1000 |